

THE EXCLUSIVE REWARD OF THE FASTING ONES ON THE DAY OF JUDGMENT

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Allāh جلاله said: ﴿كُلُوا وَاشْرَبُوا هَنِيئًا بِمَا أَسْلَفْتُمْ فِي الْأَيَّامِ الْخَالِيَةِ﴾

“Eat and drink at ease for that which you have sent on before you in days past!” [Sūrah al-Ḥāqqah 24]

It has been said that this verse was revealed concerning those who fasted, those who restrained themselves in this world from its pleasures through fasting and endured it with patience.

On the Day of Judgment, it will be said to them: **“Eat and drink at ease for that which you have sent on before you in days past!”** [Sūrah al-Ḥāqqah 24]

Meaning: for what you have sent forth.

“In days past”, Meaning: the fasting that you observed in the worldly life, where you abstained from food and drink. So it will be said to them:

“Now eat and drink at ease,” because *the reward is of the same nature as the deed.*

Since they refrained in this world from its desires and bore hunger and thirst in obedience to Allāh ﷻ, He will compensate them on the Day of Judgment by saying:

“Eat and drink at ease for that which you have sent on before you”

That is, *due to what you did.*

“In days past” That is, the past days, the days of this worldly life.

This is exclusive to those who fasted: *they will eat and drink while others in the gathering [on the Day of Judgment] will be suffering from hunger, thirst, distress, and hardship, while they will be eating at their tables and drinking.*

“Eat and drink at ease for that which you have sent on before you in days past!”

This indicates *the virtue of fasting and the honour of those who fast*, and that they will be distinguished on the Day of Judgment with this glad tiding.

مجالس شهر رمضان المبارك - [ص ٨٠-٨١]

Translated by Abū Maryam Ahmed 'Arte
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